



August Branch Congregate Hot Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CORNED BEEF HASH 28gm SCRAMBLED EGGS 1gm PEACH COBBLER 26gm FRUIT MUFFIN 16gm	2 NO MEAL SERVICE
5 CHICKEN POT PIE 14gm MAPLE GLAZED CARROTS 15gm APPLE CRUMB CAKE 56gm BUTTERMILK BISCUIT 21gm	6 PORK ROAST 2gm MASHED POTATOES & GRAVY 17gm CORN, PEAS, & CARROTS 6gm RICE PUDDING 18gm WHOLE GRAIN ROLL 35gm	7 NO MEAL SERVICE	8 BEEF CHILI 22gm WAX BEANS & PEPPERS 5gm BANANA BREAD PUDDING 17gm CORNBREAD MUFFIN 30gm	9 NO MEAL SERVICE
12 SPINACH PEPPER QUICHE 20gm VEGETARIAN SAUSAGE PATTY 3gm CINNAMON APPLES 16gm FRUIT MUFFIN 16gm	13 PULLED PORK 5gm POTATOES O'BRIEN 12gm CARROT CAKE 23gm HAMBURGER BUN 21 gm	14 NO MEAL SERVICE	15 COUNTRY FRIED CHICKEN 28gm MASHED POTATOES & GRAVY 17gm SWEET CORN 15gm PEACH COBBLER 26gm WHOLE GRAIN ROLL 35gm	16 NO MEAL SERVICE
19 QUICHE LORRAINE WITH BACON 4gm POTATOES O' BRIEN 12gm PEACH CRISP 22gm FRUIT MUFFIN 16gm	20 CHICKEN CACCIATORE 13gm SAUTEED SPINACH 3gm RICE PUDDING 18gm WHOLE GRAIN ROLL 35gm	21 NO MEAL SERVICE	22 BEEF ENCHILADA BAKE 13gm CILANTRO RICE 27gm APPLE COBBLER 26gm WHOLE GRAIN ROLL 35gm	23 NO MEAL SERVICE
26 CHICKEN AND RICE CASSEROLE 42gm SAUTEED CARROTS 4gm WARM CINNAMON APPLES 2gm WHOLE GRAIN ROLL 35gm	27 BEEF TIPS & GRAVY 3gm MASHED POTATOES 17gm GREEN BEANS & CARROTS 7gm PEACHES AND CREAM 12gm WHOLE GRAIN ROLL 35gm	28  <p> <u>Burnside Congregate Cookout</u> Fresh Off The Grill Hamburgers Cheesy Hashbrown Casserole Grandma's Coleslaw Fresh Cut Watermelon <u>Burnside Center Location Only</u> </p>	29 FRENCH TOAST BAKE 27gm RUTABAGA HASH 48gm SAUSAGE LINKS 0gm FRUIT MUFFIN 16gm	30 NO MEAL SERVICE
	Monday, Tuesday, and Thursday from 11:30am-12:30pm. \$3.00 suggested donation for seniors 60+ and \$7.00 fee for those under the age of 60. For comments, concerns or more information contact Michael Searing, Branch County Nutrition Director (517) 279-6565			