



H. & C.  
**BURNSIDE**  
CENTER

# Burnside Buzz



March / April 2025

A Publication of the  
H. & C. Burnside Center

Connect  
with us!

**Facebook:**

H. & C. Burnside Senior Center

**Website:**

BurnsideCenter.com

Hours:

Monday - Friday  
8:00 a.m. - 4:30 p.m.

65 Grahl Dr., Coldwater

Phone: 279-6565

Fax: 278-7281

Email: info@BurnsideCenter.com

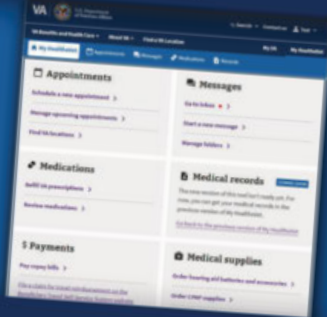
## CALLING ALL VETERANS!

If you're a Veteran or a caregiver of a Veteran, we're inviting you to stop by the Burnside Center on Monday, March 3 from 10 a.m. - 2 p.m. to learn more about MyHealthVet for new security changes to Login.Gov or ID.me.

**Do you need MyHealthVet assistance?**  
The MyHealthVet online portal has adopted a more robust security feature to protect Veteran health information, Veterans are now required to login using **LOGIN.GOV** or **ID.me**

**VA.gov** | **My healthvet**  
My Health, My Care: 24/7 Access to VA

**Join us!**  
VA Staff will assist Veterans and caregivers accessing MyHealthVet through ID.me  
Please bring current state ID, VA ID, Social Security Card or DD214 and a device that can receive text/call and access to your email.



**H&C Burnside Senior Center**  
March 3rd | 10:00 a.m. - 2:00 p.m.  
65 Grahl Drive, Coldwater, MI 49036

For questions or more information, please reach out to MyHealthVet Coordinator at (269) 966-5600 ext. 31224

**VA** | **U.S. Department of Veterans Affairs**  
Veterans Health Administration  
Bottle Creek VA Medical Center



# Meet Our Board & Staff

## Branch County Commission on Aging Board of Directors

Janis Olney, Chairman

Julie Hurley, Vice Chairman

Don Thrasher, Treasurer/Secretary

Gordon Gentry

John Petzko

John Hutchinson

Kimberly Lindsey

Tim Stoll, Branch County Commissioner Liaison

*The Board of Directors meets monthly on the third Tuesday at 2:00 p.m. at the Burnside Center. The public is welcome.*

## Staff

Amy Duff – Executive Director

Pat VanDyke – In-Home Services Director

Marlayna Drumm - In-Home Services Assistant

Freda Leupp – Programs Director

Mike Searing - Nutrition Director

Bill Swallow - Nutrition Site Coordinator

Allen Underwood – Bookkeeper

Sarah Wainscott – Staff Assistant

Debbie Ambrose – Programs Assistant/MMAP Coordinator

Mark Woodcox - Maintenance Assistant

A staff of 14 In-Home Service Aides

*The primary mission of the Branch County Commission on Aging is to establish and provide services for older adults by encouraging, promoting, and safeguarding the rights and abilities of our older adults so they may enjoy maximum health, well-being, and independence.*



**The safest, most  
dependable  
aluminum  
wheelchair ramps  
in America.**

**Made right here in  
Coldwater.**

Contact Rampit USA today to  
schedule a free, no-hassle, home  
evaluation as soon as tomorrow!

(517) 278-9015 or [rampitusa.com](http://rampitusa.com)

# Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
8 am – 4:30 pm Exercise Room	8 am – 4:30 pm Exercise Room	8 am – 4:30 pm Exercise Room	8 am – 4:30 pm Exercise Room	8 am – 4:30 pm Exercise Room
8 am – 4:30 pm Library	8 am – 4:30 pm Library	8 am – 4:30 pm Library	8 am – 4:30 pm Library	8 am – 4:30 pm Library
8 am – 4:30 pm Billiard Room	8 am – 4:30 pm Billiard Room	8 am – 4:30 pm Billiard Room	8 am – 4:30 pm Billiard Room	8 am – 4:30 pm Billiard Room
9 am – 4 pm Wood Shop	9 am Mah-Jongg Tile Game	9 am – 12 pm Stained Glass Workshop	8:30 am – 1 pm Pinochle	9 am – 4 pm Wood Shop
9 – 11:30 am Creative Quilters	9 am Cyber Seniors 101	10 am – 12:30 pm Mah-Jongg	9 am – 12 pm Stained Glass Workshop	10 am – Stayin’ Alive with Weights
9 am Penny Bingo	9:30 am – 12 pm Watercolor Class	12 pm – 4 pm Computer Lab open, tech on site	9 am Penny Bingo	1 pm Pinochle
10 am Step in Motion	11 am – 4 pm Wood Shop	1 pm Hand & Foot Canasta	9:30 am – 10:30 am Drop in Tai Chi	1 pm Euchre
11:30 am – 12:30 pm Congregate Lunch	11:30 am – 12:30 pm Congregate Lunch		11:30 am – 12:30 pm Congregate Lunch	1 pm Game Day – Ground Hog Rummy
12 pm – 4 pm Computer Lab open, tech on site	12 pm – 4 pm Computer Lab open, tech on site		12 pm – 4 pm Computer Lab open, tech on site	
12:30 pm Bridge	1 pm Pinochle		12:30 pm Bridge	
1 pm Hand & Foot Canasta	1 pm China Painting		1pm Line Dance Lessons	
1 pm Euchre	1 pm Game Day – Social Security		1:30 pm Beginning Chord Guitar Lessons	
1 pm Yarnies (Knitting and Crocheting Group)			2 pm Book Discussion Group	
			3 pm Couples Line Dance Lessons	

## Holiday Observance

*The Branch County Commission  
on Aging observes the following holiday:*

*Good Friday - Friday, April 18*

# SUPPORT GROUPS

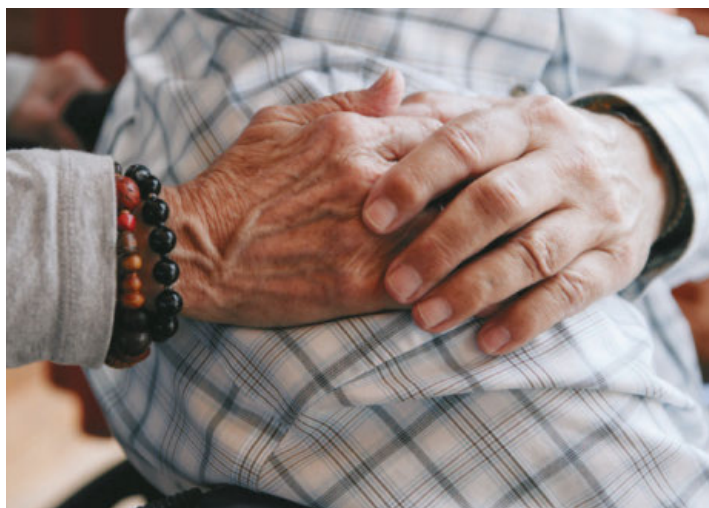
*For more information on these groups, call the Center at 517.279.6565, visit the website at [BurnsideCenter.com](http://BurnsideCenter.com), or stop in at Burnside to grab a flyer.*

## **ALZHEIMER'S SUPPORT GROUP - FIRST MONDAY OF THE MONTH 10:00 - 11:00 a.m.**

This group is intended for those who are caring for a loved one with Alzheimer's or other similar dementia. This group is facilitated by an experienced caregiver. Please call 279-6565 and give your information so the group facilitator can call you before your first visit.

## **LOW VISION SUPPORT GROUP - FIRST WEDNESDAY OF THE MONTH 1:00 - 2:00 p.m.**

This group is intended to provide support and networking for individuals who are experiencing low vision. This group is facilitated by a community member with knowledge of low vision. Speakers are common as well as sharing tips for living independently with low vision. No RSVP necessary.



## **KINSHIP CARE SUPPORT GROUP - FIRST TUESDAY OF THE MONTH 5:30 - 6:30 p.m.**

This group is intended to provide support and networking for grandparents raising grandkids and other family members who are raising related children. Child supervision is provided for all children from birth to age 18. Dinner is included at each meeting. RSVP is required. This group meets off-site. Call Amy at 279-6565 to RSVP or to get more information.

## **PARKINSON'S SUPPORT GROUP - SECOND WEDNESDAY OF THE MONTH 1:00 - 2:00 p.m.**

This group is intended to provide support and education for individuals who are diagnosed with Parkinson's disease and their caregivers. This group is facilitated by a professional from Insight Hospital & Medical Center Coldwater. Each meeting has a topic to focus on as well as time to share and connect. Questions can be directed to Jaycie at 517-279-5457.

## **GRIEF SUPPORT GROUP - THIS GROUP IS ON HOLD. WATCH FOR FUTURE DATES.**

This group is intended for adults mourning the loss of a loved one. This group is facilitated by a professional from Oaklawn Hospital. This group meets weekly and is time-limited. Call the Bereavement Coordinator, Lisa, at 269-789-3939, ext. 3118 to register.






**\$4 Open Swim for Seniors**

Seniors can show their Burnside Center keytag to pay a reduced admission fee of \$4 to the Browne Aquatic Center during all “open swim” times.

Address: 250 Western Avenue, Coldwater    SCAN FOR MORE INFORMATION

Phone 517-279-5920 to check times available

[www.ColdwaterSchools.org/page/aquatic-center](http://www.ColdwaterSchools.org/page/aquatic-center)

Must have keytag with you to receive discount

Seniors who need a keytag can come to the Burnside Center to sign up for one and get a tour of the senior center.

Burnside Center, 65 Grahl Drive, Coldwater

Phone: 517-279-6565    [www.BurnsideCenter.com](http://www.BurnsideCenter.com)

FULL SIZE FLIERS ARE AVAILABLE AT THE CENTER IN TURNSTILE

# ATTENTION!

When entering the building, please sign in at the touchscreens with your key tag and touch the activities you are participating in for the day. These statistics are very important for future programming of events.

Register early to avoid class cancellations.

To provide a safe and enjoyable environment for all patrons, we appreciate your adherence to the Personal Conduct Policy, posted in the Atrium.



**THE BURNSIDE CENTER  
GOLF LEAGUE  
IS LOOKING  
FOR MORE MEMBERS!**

*If you like to golf and would like to learn more, please attend our organizational meeting on*

*April 23, 2025 at 9:00am at Iyopawa Island Golf Course*  
*13004 Iyopawa Island Road, Coldwater*

*For more information, please contact: Pat VanDyke*  
 517-279-6565 x 128  
[pvandyke@BurnsideCenter.com](mailto:pvandyke@BurnsideCenter.com)

# March Events

LOOKING FOR REGULAR ACTIVITIES? CHECK PAGE 3, DAILY SCHEDULE.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>10 am</b> Alzheimer's Support Group - Call for more information	<b>1 pm</b> Wii Bowling League	<b>1 pm</b> Low Vision Group	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	
<b>10 am - 2 pm</b> "My Health Vet" - Veterans Admin will be here. See available flier.			<b>10:45 am</b> Tai Chi for Arthritis, (week 8 of 10)	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>10 am - 12 noon</b> Hopco Hearing Service - tech on site	<b>9am—11:45 am</b> Legal Services - first come, first served	<b>10 am</b> Foot Clinic, call Lisa for appointment, 269-625-4650	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	
<b>10 am - 11 am</b> "Visit the Woodshop"	<b>1pm</b> Movie & Popcorn "Safe Haven", Genre: Drama, Thriller. Run time; 115 minutes.	<b>1 pm</b> Parkinson's Support Group	<b>11:30 am</b> Music by Duane Clemens	
<b>11:30 am</b> Music by Kathy Cary			<b>10:45 am</b> Tai Chi for Arthritis, (week 9 of 10)	
			<b>1:30 pm</b> Ice Cream Sundae Bar, Sponsored by The Laurels	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
		<b>1 pm</b> Craft Class, Clothespin Wreath , Limit 7, cost \$8. Call to register, 517-279-6565	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	
			<b>10:45 am</b> Tai Chi for Arthritis, (week 10 of 10)	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
		<b>11:30 am-12:30 pm</b> Congregate Lunch "Islands of Paradise"	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	
<b>31</b>				
				All events subject to change

Time to get ready  
for summer!



STEP IN MOTION ON  
MONDAYS AT  
10:00 A.M.

STAYIN' ALIVE WITH  
WEIGHTS ON FRIDAYS  
AT 10:00 A.M.

Come have fun with us!



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NUSTEPS, AND  
STATIONARY BIKES  
ARE AVAILABLE.

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BUSINESS HOURS

NO MEMBERSHIP FEE

EVERYONE IS REQUIRED TO SIGN A NEW  
WAIVER FOR 2025.





We are wanting to start with some projects in the woodshop, and have 2 volunteers ready to help.

## “VISIT THE WOODSHOP”

Come see all that is offered.

**MONDAY, MARCH 10TH**  
10 am - 11 am



Burnside Center, 65 Grahl Dr., Coldwater, MI

## Movie & Popcorn

*Afternoon*

“Safe Haven”



Sponsored by LakeHouse Assisted Living

MOVIE TIME

**3.11.25, Tuesday** **Burnside Center**  
Starts at 1 P.M. 65 Grahl Dr., Coldwater

“Safe Haven”


Barefoot and covered in blood, a terrified Erin runs to an older neighbor's house for shelter. After cutting and bleaching her hair, she arrives at a bus station. Cops appear and start looking for her, but she gets on a bus and escapes.  
Starring Josh Duhamel and Julianne Hough  
Run time: 115 minutes; Genre: Romantic, Drama, Thriller

## LEGAL SERVICES OF SOUTH CENTRAL MICHIGAN

Private Legal Consultations at no charge for the 60+ crowd. Donations are accepted. A licensed attorney will be available to answer your legal questions.

Tuesday, March 11th & April 8th  
9 a.m. - 11:45 a.m.  
This is a first-come, first-served event.



Legal Services of South Central Michigan is funded in part by the Area Agency on Aging Region 3C through the Michigan Bureau of Aging, Community Living, and Supports under the Older Americans Act of 1965

Burnside Center, 65 Grahl Drive, Coldwater 517.279.6565 [www.burnsidecenter.com](http://www.burnsidecenter.com)

## CLOTHESPIN WREATH CRAFT PROJECT

*You will design and make this wreath for the upcoming holiday season.*

Class consists of painting, gluing, making a bow, and assembling finished project.

Date: Wednesday, March 19th  
Class time is 1 p.m.  
Cost will be \$8.00, limit 7.  
(this covers printing cost and supplies)

Instructor - Freda

Limit 7  
Sign up at desk



Burnside Center, 65 Grahl Dr., Coldwater 517.279.6565  
[www.burnsidecenter.com](http://www.burnsidecenter.com)



# MONTHLY SPECIAL LUNCHEONS

The Burnside Center culinary team will create a fun and delicious, themed menu with entertainment as well.

**\$3 suggested donation**

No RSVP needed

***DON'T MISS THIS ONE-OF-A-KIND EVENT EACH MONTH!***

## **WEDNESDAY, MARCH 26TH**

11:30 a.m. - 12:30 p.m.

Islands of Paradise

**LIVE MUSIC!**

Nostalgia Music's

Salute to Jimmy Buffet

**Menu:** *Huli Huli Roasted Pork  
Tenderloin, Paradise Potato Medley,  
Riviera Blend Vegetables, Key Lime Swirl  
Cheesecake topped with Pineapple whip,  
Hawaiian Dinner Roll*

## **WEDNESDAY, APRIL 30TH**

11:30 a.m. - 12:30 p.m.

Family Reunion

Take a senior relative to lunch

**Menu:** *Homemade Beef-n-Noodles,  
Mashed Potatoes, Green Beans,  
Grandma's Coleslaw, Assorted Desserts*



# April Events

LOOKING FOR REGULAR ACTIVITIES? CHECK PAGE 3, DAILY SCHEDULE.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>10 am</b> Foot Clinic, call Lisa for appointment, 269-625-4650	<b>1 pm</b> Low Vision Group	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	
All events subject to change				
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>10 am</b> Alzheimer's Support Group - Call for more information	<b>9am—11:45 am</b> Legal Services - first come, first served	<b>11 am</b> Lunch and Learn, "Sleep Apnea by Cameron Hospital". Sponsored by Thurston Woods. Must register, 517-279-6565, Limit 80. See flier.	<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	<b>1:30 pm</b> Ice Cream Sundae Bar Sponsored by The Laurels
<b>11:30 am</b> Music by Kathy Cary	<b>1pm</b> Movie & Popcorn "The Family Stone" Genre: Comedy,Drama, run time 104 minutes. Sponsored by LakeHouse Assisted Living.	<b>1 pm</b> Parkinson's Support Group	<b>11:30 am</b> Music by Duane Clemens	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>10 am - 12 noon</b> Hopco Hearing Service - tech on site			<b>10 am</b> Foot Clinic, call Deb for appointment, 269-999-0169	<b>11 am</b> Volunteer Recognition Luncheon, invite only.
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
		<b>9 am</b> Burnside Golf League Sign Up - Meet at Iyopawa Island, Coldwater Lake		
		<b>1 pm</b> Craft Class, "Kumihimo Bracelet" Class, Limit 7, cost \$15. Call to register, 517-279-6565		
<b>28</b>	<b>29</b>	<b>30</b>		
	<b>1 pm</b> "Purse Floral and Tea Party". Cost \$25 (prepay), limit 25. Call to sign up, 279-6565.	<b>11:30 am-12:30 pm</b> Congregate Lunch "Family Reunion"		



Sponsored by

THURSTON WOODS VILLAGE  
A LIFE PLAN COMMUNITY



# Lunch and Learn

Cameron Hospital will be here to talk about sleep apnea and their sleep center located in Angola, IN



-----  
Date: Wednesday, April 9th

Time: 11 am

Call to register - Limit 80

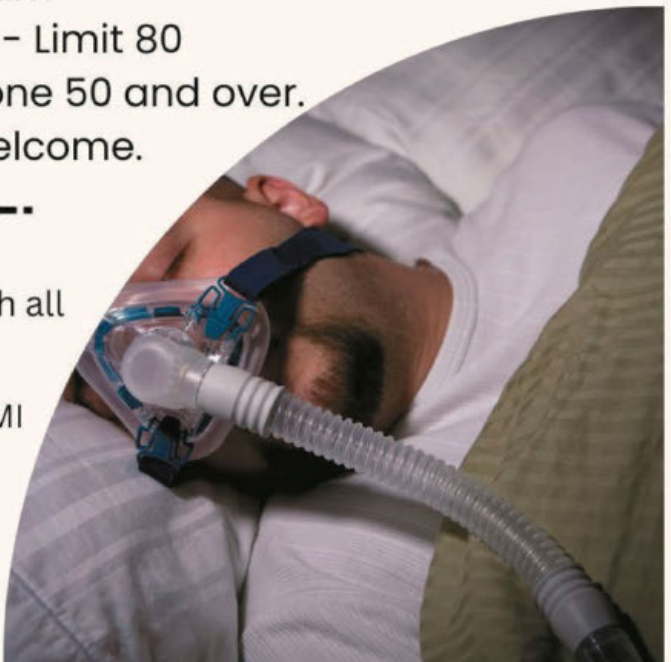
This is open to everyone 50 and over.

Donations welcome.



-----  
Menu - Baked Potato Bar with all the trimmings

Burnside Center, 65 Grahl Dr., Coldwater, MI  
517-279-6565





# ICE CREAM SUNDAES

SPONSORED BY  **THE LAURELS OF COLDWATER**  
A Skilled Nursing and Rehabilitation Center



Thursday, March 13th  
1:30 p.m.  
Wednesday, April 11th  
1:30 p.m.

Atrium at the Burnside Center

 **BURNSIDE CENTER**  
65 GRAHL DR., COLDWATER 517-279-6565

# Movie & Popcorn Afternoon

**"The Family Stone"**

Sponsored by LakeHouse Assisted Living



**4.8.25, Tuesday** **Burnside Center**  
Start at 1 P.M. 65 Grahl Dr., Coldwater

**"The Family Stone"**

The plot follows the Christmas holiday misadventures of the Stone family in a small New England town when the eldest son, brings his uptight girlfriend home with the intention of proposing to her with a cherished heirloom ring. Overwhelmed by the hostile reception, she begs her sister to join her for emotional support, which triggers further complications. Run time; 104 minutes; Genre: Comedy, Drama






 **DEB GIGOWSKI, INSTRUCTOR**

# PURSE FLORAL & TEA PARTY

Come make this great floral arrangement and then sip some tea for relaxation.

Date: Tuesday, April 29th  
Time: 1 pm Cost: \$25 (pre pay) Limit 25

**SIGN UP NOW**

- 517-279-6565
- www.burnsidecenter.com
- 65 Grahl Dr., Coldwater, MI

# CRAFT CLASS KUMIHIMO BRACELET KIT



Wednesday, April 23rd Time: 1 p.m.

Cost is \$15.00, must be prepaid by April 8th to order kits

Call 517-279-6565 or stop at front desk. Limit 7.



This is a beginner bracelet, then in another class we can bring in beads.

 **BURNSIDE CENTER**  
65 Grahl Dr., Coldwater, 517-279-6565, www.burnsidecenter.com



**Senior Snickers** by Jonny Hawkins



# Find the Burnside Buzz at these locations!

**MULTIPLE LOCATIONS THROUGHOUT THE COUNTY**

Insight Hospital & Medical Center Coldwater  
Branch District Library (all branches)

**COLDWATER**

- Grand Vista Assisted Living
- Country Knoll Apartments
- The Laurels
- Drews Place
- Vcare Pharmacy
- Fresenius Dialysis Center
- Maple Lawn
- Tibbits Opera House (business office)
- Englewood Apartments
- Coldwater Crossing Apartments
- BATA**
- Bucklin Law Office
- Chamber of Commerce
- Hope Café
- Century Bank and Trust
- Branch Insurance Agency
- The Goodie Shop
- Law Office of Bird, Scheske, Reed, & Beemer
- Farm Bureau (Scott Fair)
- Jeannie's Diner
- St. Charles Catholic Church
- The LakeHouse (Masonville Place)
- Karim Healthcare

- Holicki Eye Center
- Girard United Methodist Church
- Rampit
- Northview Christian Church
- Branch County Veteran's Affairs Office
- Lincare
- Seven Oaks Apartments
- First Baptist Church
- Robert W. Browne Aquatic Center
- St. Paul's Lutheran Church
- Oaklawn Primary Care
- Beltone
- St. Mark's Episcopal Church
- Branch County Courthouse
- Seven Oaks Apartments

**QUINCY**

Union Church

**BRONSON**

- Karim Healthcare
- Bronson Senior Apartments
- Barone's Hardware

**UNION CITY**

- Miller's Pharmacy
- Mel's Diner
- First Congregational Church

The COA is supported by funds from: The Michigan Department of Health and Human Services, Bureau of Aging, Community Living and Supports; the Branch - St. Joseph Area Agency on Aging Region 3C; Branch County Senior Millage; Older American's Act; Older Michigania's Act; and Donations.



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OF COLDWATER  
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Medical Care and Rehabilitation Facility  
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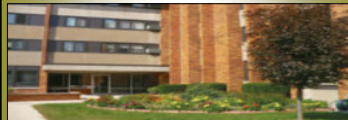
50 Sanderson Lane | Coldwater, MI 49036

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## ENGLEWOOD APARTMENTS

60 S Clay St • Coldwater  
Phone: 517-278-2660



- Affordable Housing for families, older persons, and persons with disabilities.**
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  - Smoke Free environment
  - Apartment intercom/door release system for guest access
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  - Laundry facilities available on each floor
  - Social activities
  - BASTA Bus stop at main entrance
  - Conveniently located within walking distance to downtown Coldwater
- Now Accepting Applications for Waiting List.**

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15-0704





# CommunityAction Senior Volunteer Opportunity

Providing emotional support. Boosting kid's self esteem. Providing extra eyes in the classroom.



The Senior Volunteer Opportunity is for senior citizens, aged 55 and older, to help build critical skills and appropriate development of our community's youth. By sharing time and experience, senior volunteers can help children learn how to read, prepare younger students for school readiness, tackle tough subjects and make decisions that keep them on the right path.



## Benefits of Being a Senior Volunteer

- Hourly tax exempt stipend
- Travel provisions/reimbursement
- One nutritious meal per day
- Annual health appraisal
- Excess accident insurance coverage
- Ongoing training and professional development



**AmeriCorps Seniors** For more information, visit us at [www.caascm.org](http://www.caascm.org) Call: 1-877-422-2726 or scan the QR code  
U.S. Department of Health & Human Services, U.S. Department of Education and private donations from people like you. This Institution is an equal opportunity provider. Equal Opportunity Employer

### BIRD, SCHESKE, REED & BEEMER, P.C. ATTORNEYS & COUNSELORS AT LAW

Roger A. Bird+ Eric J. Scheske\* Timothy J. Reed  
Keely A. Beemer Timothy R. George

\*Admitted to Practice in Michigan and Indiana  
+Of-Counsel

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227 W. Chicago Road  
Sturgis, MI 49091  
Phone: (269) 651-2445  
Fax: (269) 651-4044

**Coldwater Office**  
28 W. Chicago St, Suite 2A  
Coldwater, MI 49036  
Phone: (517) 227-5361  
Fax: (269) 651-4044

[www.sturgislawfirm.com](http://www.sturgislawfirm.com)   

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Audiobooks, Computers,  
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